

Registration Form:

**“Weigh in”
On
Congestive Heart
Failure**

Limited seating. Preregistration by September 10, 2012. For availability after September 10, please contact: Denise Clark, Cardiac Rehab, St. Mary’s Hospital, (203) 709-6202

Return this form to:

Denise Clark
337 Park Avenue
Naugatuck, CT 06770

Name _____

Title _____

Affiliation _____

Address (*Street, City, Zip*) _____

Email _____

Registration Fees:

Before 9/10/12 After 9/10/12

CSCR Member	\$30.00	\$40.00
Non-Member	45.00	55.00
Student	40.00	50.00

Total amount enclosed: _____

Please make check payable to: CSCR

**The Connecticut Society
For Cardiac Rehabilitation
P.O. Box 4144
Wallingford, CT 06492**

**The Connecticut Society
For Cardiac Rehabilitation
PRESENTS**

**“Weigh In”
On
Congestive
Heart Failure**



**Thursday, September
27, 2012**

11 am to 4 pm

**American Heart Association
5 Brookside Drive
Wallingford, CT 06492**

Sponsored by
CSCR and the AHA

About the Program

Target Audience: This program will interest Registered Nurses, Exercise Physiologists, Registered Dietitians, Physicians, Social Workers, and other health care practitioners working with cardiac patients.

Description: This conference will:

- Provide clinical information for evaluating patients with congestive heart failure (CHF)
- Provide clinical information for evaluating exercise for CHF
- Provide practical information on nutrition and lifestyle modification for the CHF patient
- Will provide an overview of medical devices used in patients with CHF

Objectives: The participant will be able to:

- Evaluate patients with CHF
- Provide an exercise plan for the CHF patient
- Discuss nutrition guidelines for the CHF patient
- Discuss behavior modification practices for patients with CHF
- Discuss devices available for the treatment of CHF

Accreditation: Application has been submitted to the CT Nurses' Association (CNA) for approval of continuing education credit (Contact Hours). CCNA is accredited as an approver of continuing nursing education by the American Nurses' Credentialing Center's Commission on Accreditation.

Directions to the American Heart Association:

From I-91:

Take Exit 15 (Route 68W). Turn Right onto North Main Street Extension. Take second Right onto Brookside Drive. AHA is on the Right.

From Route 15 (Merritt) :

Take Exit 66. Turn Left onto Route 5. Take a quick left onto Yale Avenue. Take a sharp Right onto North Main Street Extension. Take first Left onto Brookside Drive. AHA is on the Right.

From I-84:

Take Exit 27 (Route 691). Take Exit 10 (Route 15). Follow above.

Presenters

Kevin Lenhart, MD

Connecticut Heart and Vascular Center,
Bridgeport, CT
Heart Specialists in Shelton, CT
Co-Director of St. Vincent's Congestive Heart Failure Clinic
Board certified in Internal Medicine and Cardiology

Samantha Heller RD, MS

Clinical Nutrition Coordinator, Center for Cancer Care, Griffin Hospital, CT
Author and Radio Host
Registered Dietitian and Exercise Physiologist,
Master of Science in Nutrition and Applied Physiology.

William DeForge, PhD, CCDS

Field Clinical Engineer
St. Jude Medical
Certified Cardiac Rhythm Device Specialist,
Registered Respiratory Therapist, CT, Registered Cardiopulmonary Technician, CT.

**Special Thanks
to our Program Supporters!**



PROGRAM SCHEDULE:

11:00-11:40	CSCR Business Meeting Presentation of New Officers Presentation of Achievement Award
11:40-12:00	Lunch
12:00- 12:15	Welcome – Laurene Wallace, President, CSCR
12:15- 1:15	Exercise in Congestive Heart Failure, Is it Good or Bad? Dr. Kevin Lenhart, MD
1:15- 2:15	From Failure to Fabulous: Practical Lifestyle Tips for a healthy Heart Samantha Heller, MS RD
2:15- 2:30	Break/Vendors/Coffee
2:30- 3:30	Heart Failure From Onset to Implant Dr. William DeForge, PhD
3:30- 4:00	Questions and Answer Session

Special Acknowledgements to Symposium Committee:

Mary Boudreau
Charliss Feuerstein
Denise Clark
Denise Slater
Dina Sullivan
Eunice Lisk
Laurene Wallace
Joan Krochmal