



Connecticut Society for Cardiac Rehabilitation (CSCR)

Quarterly Minutes

September 26, 2024

- S.Casso called the meeting to start at 5:30pm pm in person and on Zoom
- October Kitchen Presentation of their services that meet numerous dietary needs and their working relationship with Hartford Healthcare and its Hartford Region Cardiologist Support.
- They deliver as far south as Meriden and Hartford County currently. Their store is located in Manchester and they gave an example that clients may make monthly visits in person to buy or order to have ready from their monthly meal selections. They are looking to broaden the delivery area in the future. They provided business cards, menus and dinner was a meal sampling, salad and dessert.
- Finance/Treasurers Report (P. Armstrong)
 - Ending balance in checking account is \$ 2451.26
 - Ending balance in CD is \$5229.88
 - Annual revenue has exceeded expenses by \$83.81
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- Marketing (S.Casso) CSCR revised/updated site has been launched, please take a look and see what's new!
- Register by emailing Sue to submit to the webmaster for a password. Since CSCR got hacked last year the
- Webmaster has designed the site this way to provide extra security, prevent anonymous altering of it, etc.
- If you need a reset, Sue will need to reach out to webmaster for you. Please take a few minutes and check your
- access then Sue know what you need.
- Member benefits

- Access to meeting minutes
- Zoom recordings
- Meeting registration area,
- Sharing of best practice, articles, i.e.
- Patrick submitted a timely article to post most recently, etc.
- Members Section - the State CR site map and program contact info needs annual review by one staff member
- for accuracy and contact me for changes you would like and /or to confirm the areas are current please.
- Please continue to send postings of job opportunities to susan19791979@gmail.com. If you have a job posting
- please include detailed job description and or link to application at your facility.
- Position needs to be filled effective immediately – if any interest please reach out to President, Sue Casso and I will send you the Bylaws description of the position
- Membership (R.La Pera) Absent- 29 members. 22 members have paid renewals.
- Percentage paid-76%
 - Ricky has sent flyers and email reminder letters to each CR program in the state. To raise awareness and hopefully increase membership as we have some programs not represented, those without members have not responded. He has resigned due to family and work responsibilities. We wish him well and he was thanked for his dedication and organization with the position. He made a great impact in trying to make CSCR a society with members from all programs.
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AACVPR Certification/Rectification (L.Elpi) •**Review Process**

TOTAL APPLICATIONS SUBMITTED: 586

CR Applications: 418

PR Applications: 168

2024 APPLICATIONS - REMEDIATION: 320

Applications: 225

PR Applications: 95

Cardiac

Summary of Denied Pages -CR

Cardiac Page 1 Program Staff and Competencies-29

Page 2 Individualized Treatment Plan-124

Page 3 Medical Emergencies – 59

Page 4 Emergency Preparedness – 42
Page 5 Exercise Prescription Policy – 23
Page 6 Improvement in Functional Capacity – 33
Page 7 Optimal Blood Pressure Control – 41
Page 8 Tobacco Use Intervention – 16
Page 9 Improvement in Depression – 16
Page 10 Enrollment – 15
Page 11 Adherence – 16

Pulmonary

Summary of Denied Pages – PR

Pulmonary Page 1 Program Staff and Competencies – 22
Page 2 Individualized Treatment Plan-62
Page 3 Medical Emergencies -24
Page 4 Emergency Preparedness -16
Page 5 Exercise Prescription Policy -24
Page 6 Improvement in Functional Capacity -13
Page 7 Improvement in Dyspnea – 18
Page 8 Improvement in Health-Related QOL – 12
Page 9 Enrollment – 3
Page 10 Adherence – 1

- **AACVPR Common Denial Reasons**

67.4% failed initial review then sent to chair review and then
32.5 passed initial chair review then 18% went into remediation
ITP had highest denial-avoid the word Continue
Performance measures denials different understanding of what is requested
ITP assessments- Nutrition habits must be assessed don't just list body comp
measurements

- Program Planning
- This meeting concludes our 2024 year!

- Upcoming topics for next year's meetings:

- January – AACVPR 2024 National Mtg Review
 - March – Dr. Paul Oh, FAACVPR National Speaker University of Toronto :Topic to be announced
 - Other topics – Gut Microbiota and CVD
- Please share contacts for other potential speakers or interest of specific topics with Kelsey, email: Kelsey.Gilmore@hhchealth.org and susan.casso@hhchealth.org as Kelsey is on maternity leave till end of December

- Updates from President

- CSCR Ex Board Positions available 2025: Secretary, Marketing, Membership, President, President Elect. I can send the Bylaws for your review if you are interested in joining us. *New member input is essential to moving our society forward.* Volunteer participation is a positive note for evaluations and Levels of Practice at most institutions.

- AACVPR National meeting is currently being held in Anaheim, Ca
- I will share any minutes from National Affiliate Meeting
- Virtual AACVPR meeting Breakout sessions will be shared at January's CSCR meeting. I if anyone knows any attendees that would like to present we would welcome the input as we did last year. Breakout sessions Power Points will be posted on CSCR website prior to meeting so you can download for your use or print
- Communications from AACVPR have been few in number and forward to you, if you are having any difficulty with receiving emails please send me any email and I will update our list
- Ricky La Pera has resigned as Membership Chair due to increased work responsibilities and becoming a new Dad. Congratulations Ricky !
- Thank you for your dedication to CSCR the past few years
- Until this role is filled please email me for any questions related to membership. Renewals will be emailed in January.
- We would welcome any interest in filling this role. Ricky had reorganized and made several documents that we will continue to use. The transition should be quite seamless due to all his efforts
- Eileen Rice MA, RDN, CDE, CD-N
- Registered Dietician/Certified Diabetes Educator/FFK Care Coordinator
- Middlesex Health Center for Chronic Care Management
- Her power point will be forth coming as the are some issues sharing it, it will also be posted on CSCR Website Member's Only Section

Respectfully submitted,

Susan Casso President/Secretary/Marketing