



Connecticut Society for Cardiac Rehabilitation (CSCR)
Quarterly Minutes
June 27, 2024

- S.Casso called the meeting to start at 12:10pm via Zoom
- Finance/Treasurers Report (P. Armstrong) CSCR balance as of 6/13/2024:
 - Business checking = \$2,351.26 (as of 5/31/24)
 - Business CD = \$5,229.48 (as of 5/31/24)
 - **Total: \$7,580.74**
- 2024 Statement of Operations:
- Annual revenue has exceeded expenses by \$194.55
- Marketing
 - Register by emailing Sue to submit to the webmaster for a password. Since CSCR got hacked last year the Webmaster has designed the site this way to provide extra security, prevent anonymous altering of it, etc.
 - If you need a reset I also need to reach out to him for you as well. Please take a few minutes and check your access then let me know what you need.
- Member benefits:
 - Access to meeting minutes
 - Zoom recordings
 - Meeting registration area,
 - Sharing of best practice, articles, i.e.
 - Patrick submitted a timely article to post most recently, etc.
- Members Section - the State CR site map and program contact info needs annual review by one staff member for accuracy and contact me for changes you would like and /or to confirm the areas are current please. I have not heard from anyone that their program information is correct or needs any adjustments as of yet.
- Please continue to send postings of job opportunities to me at susan19791979@gmail.com. If you have a job posting please include detailed job description and or link to application at your facility.
- The site now features member only access to RSVP for meetings, download membership renewal forms, access Zoom recordings a feature that has been added, meeting info, map, directions, meeting minutes, meeting posted as well, and potentially posting of.
- Membership (R.La Pera) absent -Update of Membership Census Jan 2024:
- 30 total members, 22 paid (73% compliance rate)

- 2024 Membership fees:
- Professional: \$60
- Students: \$30
- 1 time nonmember meeting rate \$20 for professional, \$30 for student
- Membership form and dues can be mailed to:
 - Richard Le Pera - Cardiac Rehab
 - 350 Seymour Avenue
 - Derby, CT 06418

- AACVPR
Certification and Recertification Updates (L.Elpi)absent

- Reviewers will reconvene in July -

- Program Planning

- Remaining 2024 Meeting Dates:

- 9-26-24 (evening 5-7p) – Dinner from October Kitchen



- Please share contacts for other potential speakers or interest of specific topics with Kelsey, email: Kelsey.Gilmore@hhchealth.org
- Eileen Rice MA, RDN, CDCES, CD-N; Registered Dietitian/Certified Diabetes Educator/FFK Care Coordinator from Middlesex Health will be presenting on plant-based diets, Mediterranean/anti-inflammatory nutrition – Thank you Isabella!
- Upcoming topics for next year's meetings:
 - January – AACVPR 2024 National Mtg Review
 - March – Dr. Paul Oh, FAACVPR; Year in Review of Literature
 - Other topics – Gut Microbiota and CVD
- Please share contacts for other potential speakers or interest of specific topics with Kelsey, email: Kelsey.Gilmore@hhchealth.org

- President Updates
- AACVPR Email updates:
- All updates have been emailed to members on DOTH, New education platform from AACVPR, upcoming National Meeting in California, etc. Otherwise there have been very little additional communications from AACVPR
- 39th AACVPR Annual National Meeting, Sept 25th-27th in Anaheim, California. Early bird rate for registration for both members and non-members available till Aug 1st.
- CSCR Ex Board Positions available: Secretary, Marketing, President, President Elect. I can send the Bylaws for your review if you are interested in joining us. *New member input is essential to moving our society forward.* Volunteer participation is a positive note for evaluations and Levels of Practice at most institutions.
- AACVPR Webcast Mental Health and Heart Health Dr.Sharon Lee PhD in place of Gut Microbiome as the speaker backed out.We will attempt posting on CSCR member side of website.

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- Visit the link on the AACVPR Website for more information:
<https://aacvpr.users.membersuite.com/events/286503cd-0078-c0c0-7b9b-0b4649947e1b/details>
- Be part of the solution. Now more than ever, the cardiac and pulmonary rehabilitation field needs you to advocate for the valuable care and services you provide to your patients!
- YOUR Congressional and Senate members
- YOUR voice
- YOUR patients' voices
- YOUR administration's voices

- YOUR AACVPR advocacy team supporting you each step of the way!
- Continued advocacy needs to be done locally at Senate and Congressional offices
Form a group that live in your area as they will only speak to their constituent in their respective areas of the state, they will accept the packet of info from AACVPR but educating the staffers on what Heart Disease is and that it is the number one killer of females and males in the U.S. and not just a brief explanation of the packet. Another tool I have used is to engage them in a conversation asking if anyone in their family has been impacted by Heart Disease, if not additional examples or bringing a patient with your is very empowering. Last year we had a Physician whom was a CR patients at Bristol Hospital and that carried with it much more weight as the staffer listened to both of his perspectives .Follow up phone calls are needed as we need to stay on their radar and the only way to do that is in numbers of continued calls, emails as snail mail is not acceptable We need CSCR members, Physicians, patients and general citizens to flood their offices with emails in support of the bills. The form letters are on AACVPR site and easily accessible under Advocacy. It would be nice if multiple programs could find a patient willing to present their story as this has the most impact., it's not too late this needs to be done ongoing. Zoom meetings are also effective. We need as many CSCR participation. It is both professionally and personally rewarding to support these efforts for our patients and our profession.

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Since ongoing efforts have not yielded a correction of CMS language APRN's, PA's and Clinical Nurse Specialist's still cannot order Cardiac Rehabilitation services or sign ITP's, but as of 1/1 2024 they may supervise. Public Law 115-123.

- AACVPR MAC Task Force
- Wayne Reynolds RN, CCRP, FAACVPR
- *MACVPR Advocacy & Legislative Chair*
- *AACVPR MAC Task Force*
- *What is the AACVPR MAC Liaison Task Force ?*
- The MAC Liaison Task Force develops, fosters, and maintains a relationship with each MAC (Medicare Administrative Contractor) Medical Director or Directors. Specific goals of the MAC Liaison Task Force include providing a channel for two-way communication on all issues pertinent to cardiac and pulmonary rehabilitation (CR/PR) between providers of these services and the MAC; serving as a resource to MAC MD(s) to provide current evidence, best practice, clinical expertise and expert opinion on these services with both national and local input; assisting the MAC in ensuring quality CR/PR services

through on-going education of providers regarding MAC expectations/regulations; and serving as a resource to programs with regulatory questions/issues.

- Q and A
- Meeting adjourned 2:30pm
- Respectfully submitted,
- Susan Casso CSCR President, fulfilling vacant roles of Marketing and Secretary