



Connecticut Society for Cardiac Rehabilitation (CSCR)
Quarterly Minutes
June 23, 2022

S.Casso called the meeting to start at 12:04 pm

1. Minutes from the Quarterly meeting held on 3/24/22 were approved. Sent to members prior to meeting.
2. American Heart Association Update – Lynette Coleman AHA Representative absent and no material pre-meeting shared
3. Finance/Treasurers Report (P. Armstrong) (S.Crispino unable to attend)
 - Ending balance in checking account is \$ 2410.28
 - Ending balance in CD is \$5225.15
2. Marketing (D. Kovach) Website can be utilized for job postings, sharing of best practices, etc. email debra.kovach@hhchealth.org for submissions of postings. Quarterly Minutes will be posted in members only section and also meeting recordings as allowed by speakers with prior permission will be upcoming. If you have not reviewed your facilities contact info on the site please do and submit and updates as well. Please access the DOTH info on the site if you have not previously, and additional submission is encouraged also.
3. Membership (R.La Pera) Ricky has reached out to all previous state CR Programs to re-join and will pursue those he is awaiting responses from to improve representation. 39 members ,29 are paid to date. Emails will be sent to those that have not renewed thus far .Please forward Ricky's contact info to your friends that maybe interested. If your contact info has changed please email as this spreadsheet is used for all communications.
4. AACVPR Certification/ReCertification (L.Elpi) Certification and Re-Certifications application review have been completed as of 5/16/22 , they have then been sent to the chairs for review of the denial issues. In August letters of remediation will be sent and programs will be contacted by reviewer to remediate the issues Zoom meetings of reviewers and chairs were held on a regular basis with a 10 min planned agenda then Q and A for reviewers to address gray areas Core

Components being addressed and the lack of plans on ITP's are issues, write a narrative that is descriptive the more the better. Competencies according to published article by AACVPR should be reviewed and adhered to ,to meet this metric. There is an emphasis on labeling, dates ,plans, goals.interventions and education .We need to assess and reassess. Medical Emergencies need to address what CR staff are doing from onset of emergency thru to resolution, be descriptive.

5. Program Planning (K.Gilmore)Virtual meetings for balance of 2022 as speakers are confirmed. The online poll response was poor and less than 10 responses were received regarding meeting days, times, volunteer opportunities to be involved. Potential speakers for 2023 were discussed and rotating locations. Deb Kovach will check the availability of Midstate, Ricky LaPera will check the availability of Oxford Quarry Walk which is accessible from Rt's 8 and 84. Meeting dates are 1/26/23, 3/23/23,6/22/23,9/28/23 and will be posted on website and updated as speakers are confirmed. Please consider securing a speaker for 2023 !
Cardio Mems representative was unable to make meeting and will present in Sept at 12:30pm prior to Joseph D. Taliercio, APRN, Dip ACLM Plant Based Diets at 1pm.

Social Event at Stony Creek September 8th 4 pm, CSCR will buy your first drink and supply snacks, please join us in person to socialize and collaborate so we can regroup to move into 2023 with new energy !

6. AACVPR Updates (S.Casso) AACVPR focus is continued DOTH efforts, they are tracking letter response by state, please use the links I have provided and support your patients and profession. We are not in the top 10 states with responses, we have had only 41 to date, this is a great start but more work is needed. Anne Robinson had a patient that spoke on our Zoom call as a pt and physician the benefits of accessible CR Programs with Congressman Larson's staffer on Friday March 25 th. Confirmed support eludes us upon follow up emails with that staffer, I will continue to follow up so we are not forgotten. Persistence is key ! Need for President, President Elect and Secretary reinforced.
7. Open member discussion regarding staffing matrix's, staff mix, etc.
8. Guest Speaker Quinn Pack MD Quality Improvement in Cardiac and Pulmonary Rehabilitation Adherence and Performance Measures
We need to close the gap of what is known and what we can do, define objectives and interventions. These measures are not part of the pass/fail on AACVPR applications, but are required. See the explanation on AACVPR as to what is tracked on spreadsheets ongoing and the exclusion criteria. EMR's with auto referrals have increased enrollment, diversity, per Toronto study. A recent NEJM article suggested intense PT for HFpEf

patients pre rehab. His vision for his program for higher acuity low functioning patients is PT in CR space first to then optimize their CR benefits. The PT would be billed separately and independent as PT can bill themselves as independent practioners. He spoke of % of various groups referrals, system issues, benefit of a follow up appt being set before discharge. Million Hearts CR goal is 70% enrollment of eligible patients according to CMS Criteria. There is a new change package coming out soon. He discussed deferred payment options his program and Henry Ford have and grateful patient program. He reinforced the importance of MD 's encouragement to attend to ensure improved adherence. Improved early attendance and reference of Move in the Tube mentioned. He will send links to other Sternal Precaution articles to present to MD's for process change as needed. I will forward upon receipt those articles.

Social Event at Stony Creek September 8th 4 pm, CSCR will buy your first drink and supply snacks, please join us in person to socialize and collaborate so we can regroup to move into 2023 with new energy !

Next meeting: September 22, 2022 Zoom 12pm-2pm

Meeting adjourned at 2:15 pm

Respectfully submitted,
Susan Casso President/Secretary